


Welcome to our virtual get-together!

TECHNICAL CHECK-IN

 can you **see** the presentation?

 can you access the **chat**?

during the session please

 mute your **microphone** when you are not speaking

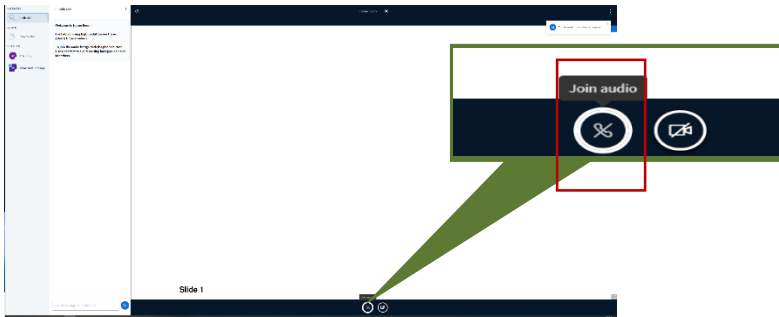
 switch on your **camera** when you are speaking

 post comments and questions in the **chat** during presentations

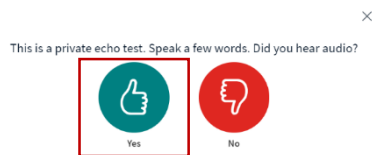
Instructions to join audio

Join Audio

1. Click the „Join audio“ - Button

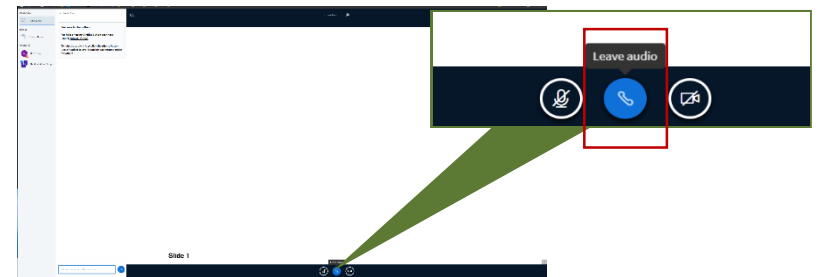


2. You will then be forwarded to an echo test. There you have to click on the green thumbs up button



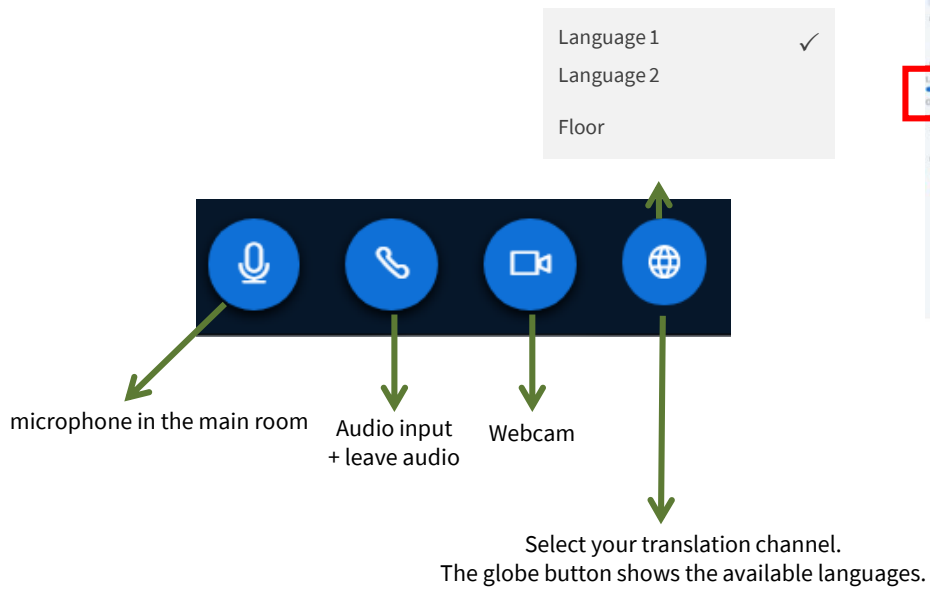
Leave Audio

1. Click on the blue „Leave audio“ - button

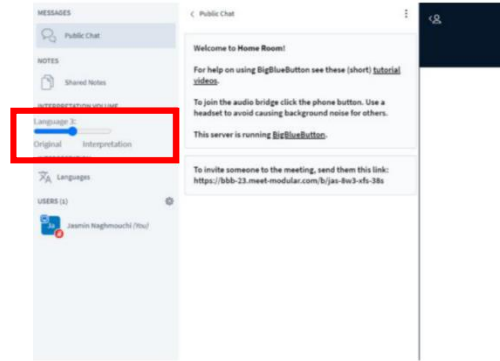


i If you still have difficulties with your audio please contact the Connective Cities Team in the chat.

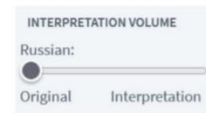
Listening to the translation



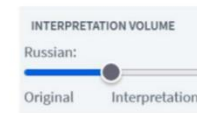
Adjust the interpretation volume



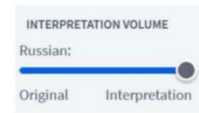
Once the interpreter is speaking, you can regulate the mix of the floor audio and the interpretation.



Only listen to the original channel / floor.



Listen to the floor and the interpretation at the same volume.



Only listen to the interpretation.



COVID Education Kick-Off

How to prevent a 'lost generation' of students?

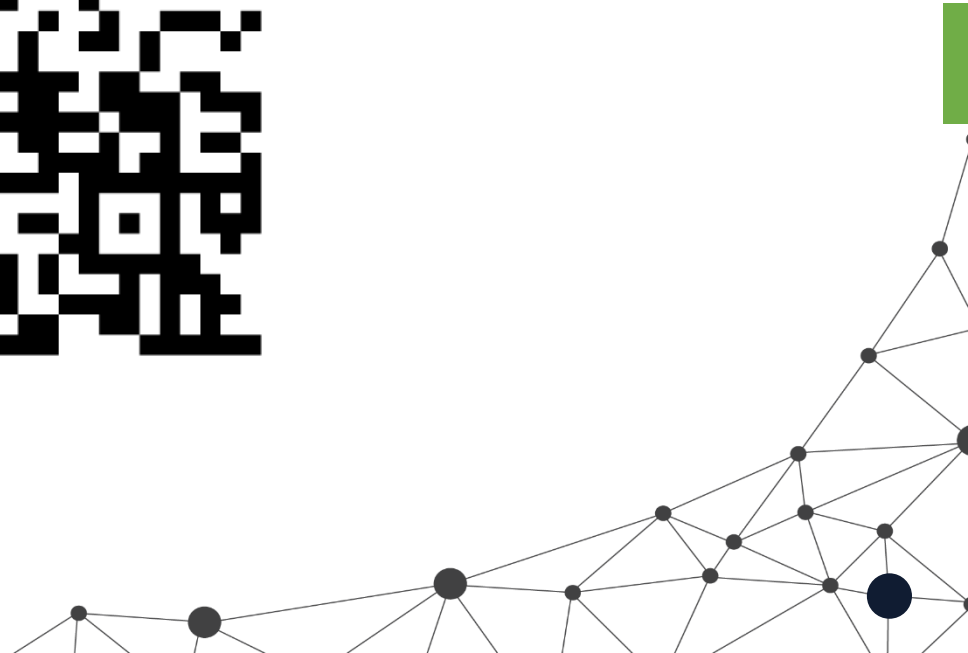
14 September 2021



Implemented by

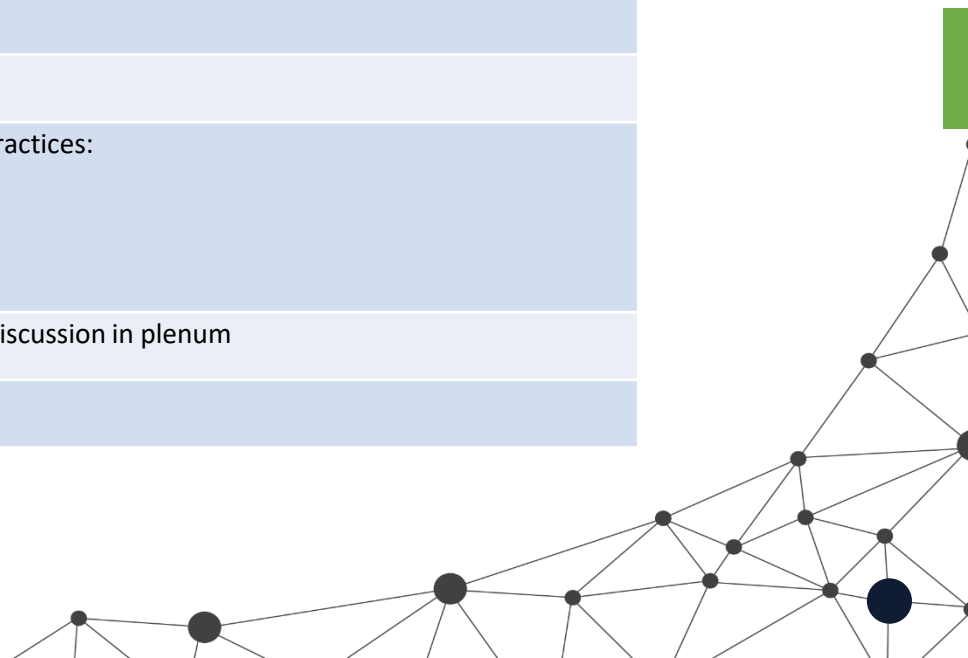


What are your expectations for
this event?



AGENDA

Time (CEST)	Education during and after the pandemic
15:00	Technical Check-In of participants
15:30	Welcome and introduction to CC COVID Programme
15:45	<p>Keynote Presentation:</p> <p>The Power of Compassion – Setting the base for a thriving generation of resilient and empowered children</p> <p>Jackie Wilson, <i>Empower Education, United Kingdom</i></p>
16:15	Summary and Discussion in Plenum
16:30	<p>WORKSHOP - Discussion on challenges and good practices:</p> <ul style="list-style-type: none"> ➤ Digital and remote learning ➤ Support of vulnerable groups
17:30	Presentation of Results from working groups and discussion in plenum
18:00	Joint way forward and end of the event



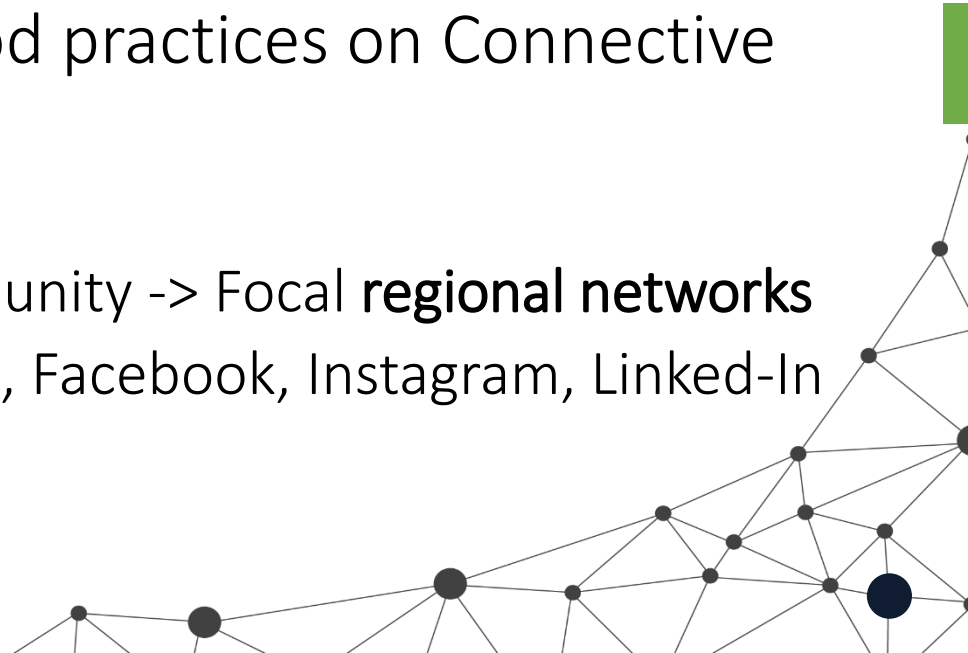
Connective Cities, COVID-19-Programme, Education Cluster

Paulina Koschmieder
Connective Cities / GIZ



Connective Cities: International community of practice for sustainable urban development

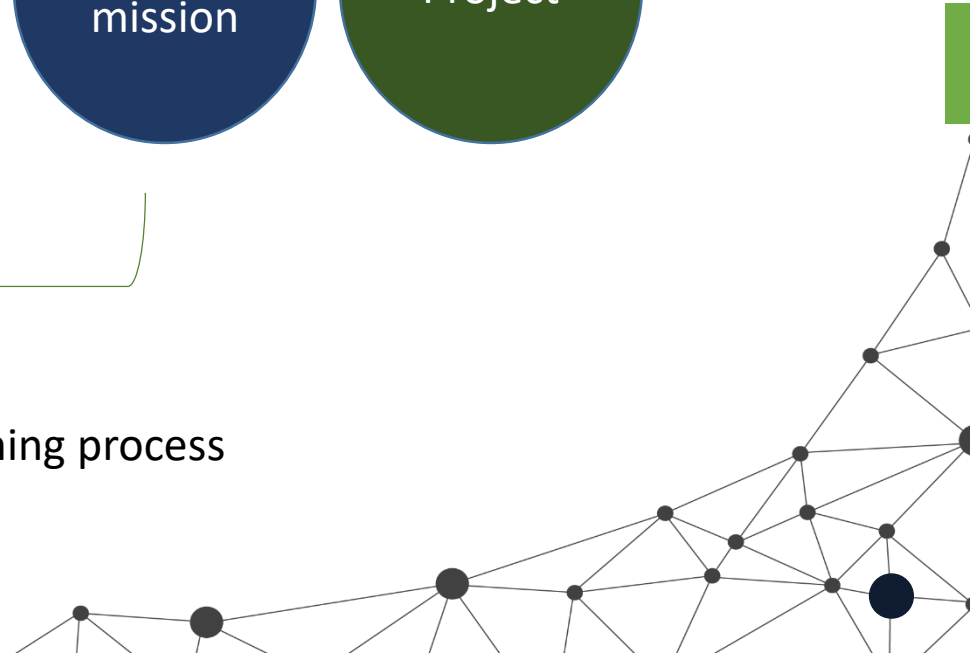
- aims to promote **international exchange of experience among urban practitioners**, joint learning, peer-to-peer consultation & the development of projects on sustainable urban development
- Share and exchange good practices on Connective Cities channels:
 - Website
 - Connective Cities Community -> Focal **regional networks**
 - Social Media -> YouTube, Facebook, Instagram, Linked-In



Connective Cities Learning Processes



Structured exchange and learning process



Video

COVID
Connective Cities Programme
19



PRESENTATION / KEYNOTE

Jackie Wilson

Youth Empowerment Coach & Trainer





Jackie Wilson
Youth Empowerment Coach
& Trainer
with Jackie Wilson

The Power of Compassion
*Setting the base for a thriving generation of
resilient and empowered children*

EMOTIONS TOOLKIT

A valuable resource to support young minds in learning to regulate their emotions.





Positively Empowered Kids CIC is an award-winning social enterprise, with a network of experts collaborating together to inspire and support young people, their parents and the community to feel more confident managing the everyday ups and downs of life, through an early intervention and prevention model.

Access our FREE Family Empowerment Hub: www.positivelyempoweredkids.co.uk/hub

Events Family Empowerment Hub Community Corporate Training

Find us on: Facebook Instagram Twitter YouTube Podcast

Get in touch email us at positivelyempoweredkids@gmail.com

Pioneering Participatory City

Coordinated Collective Action Around High Impact Projects

NOTTINGHAM



Co-creating the future we want.
Towards a Participatory Planet

Mental illness has been rising since before the pandemic



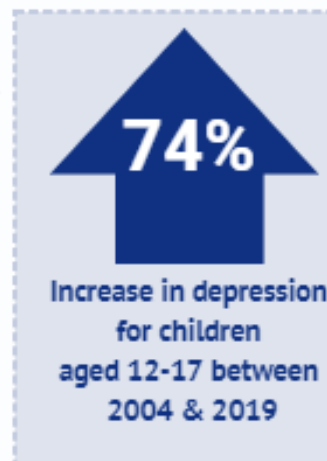
75% of all mental illnesses develop by age 24

Before the pandemic, up to **1 in 5** children had a diagnosed mental health disorder



Common mental illnesses among young people are **anxiety & depression**

Recent trends show rising rates of **Major Depression**



Adolescent girls are over **2x** as likely to have had an episode of major depression

Impact of the pandemic on children's mental health

The pandemic has created a perfect storm of stressors for children and youth and experts warn that it may negatively impact mental health

Stressors:

- Uncertainty
- Social isolation
- School closures
- Familial challenges & economic instability
- Losing a family member to COVID-19

Barriers to Care:

- Lack of internet or technology limiting telehealth access
- Fewer mental health screenings due to school closures & delayed pediatric care

The share of mental health-related ED visits among all pediatric visits increased between mid-March and October 2020 compared to the same period in 2019



24%

among children aged
5–11 years

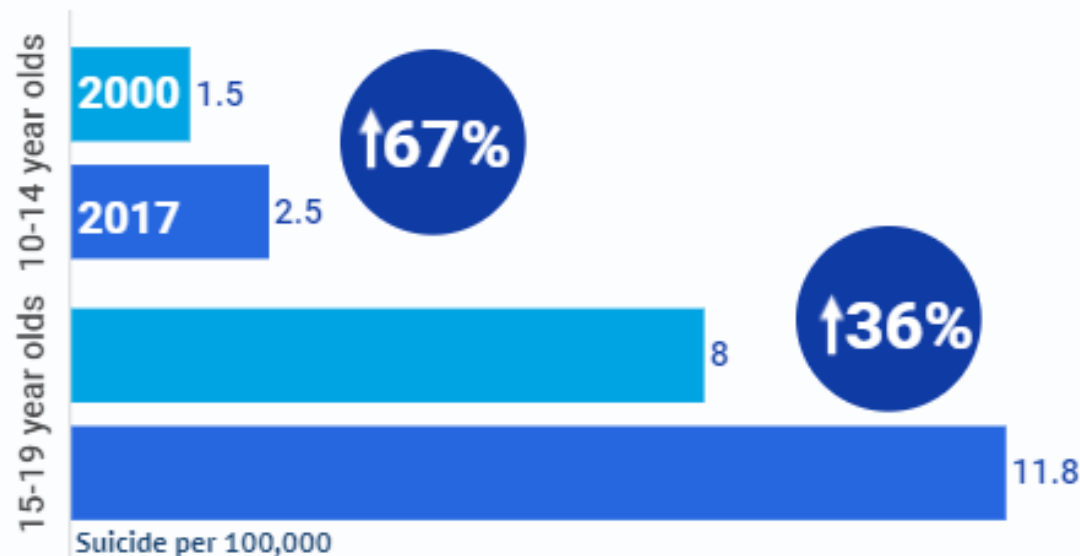


31%

among adolescents
aged 12–17 years

Mental illness is a risk factor for suicide

Before the pandemic, suicide rates were increasing:



Suicide is the
2nd
leading cause of
death for youth

National data are unavailable on child & youth suicide during the pandemic but there are concerns about an increase

Local Evidence:

A metropolitan-level study found that recent suicidal ideation was:

1.60X higher in March & **1.45X higher** in July 2020
compared to those months in 2019

Triune Brain

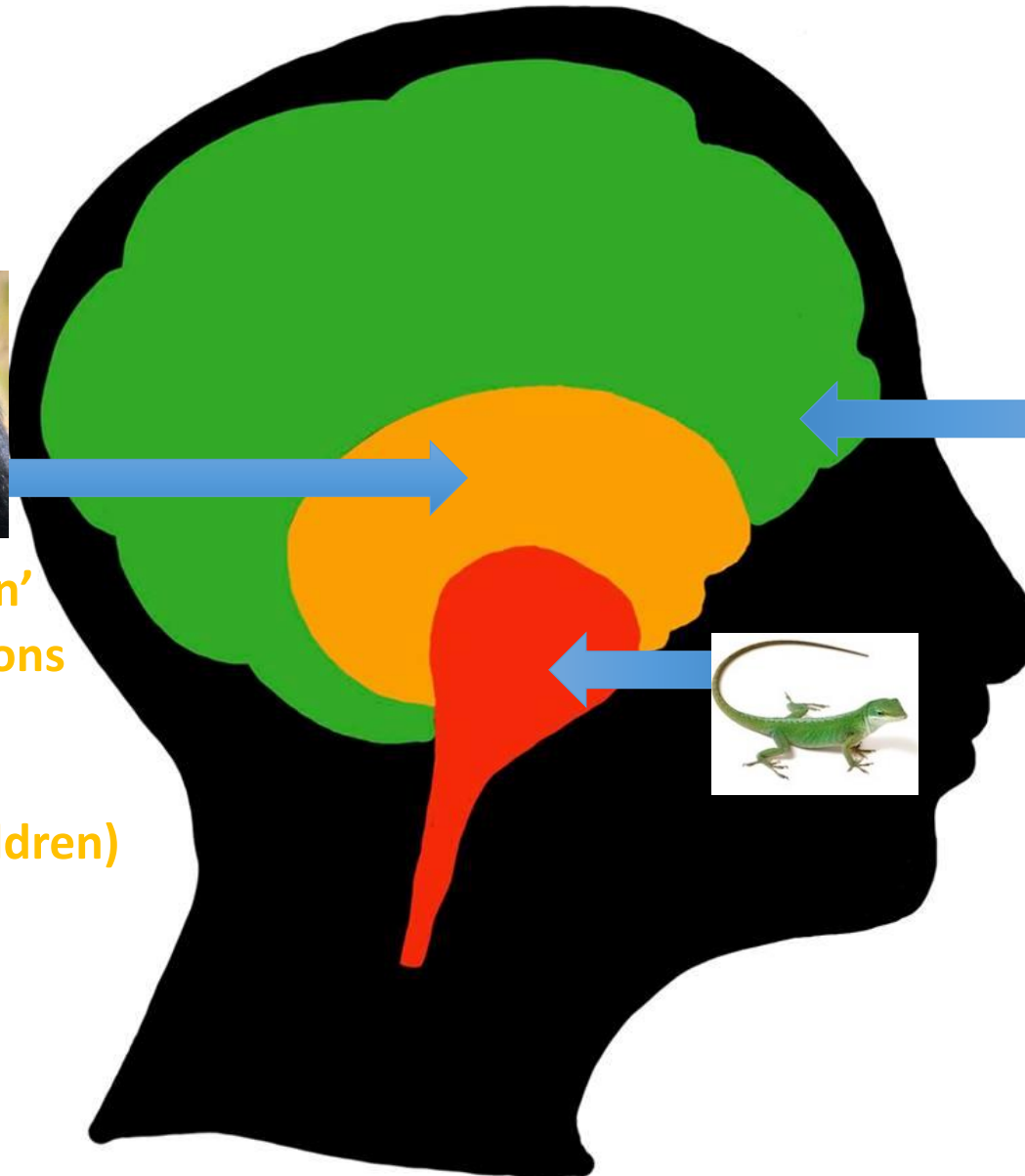
- 'Thinking Brain'**
- Problem Solver
 - Self control
 - Rational
 - Fact based
 - Compassionate
 - Responsive



- 'Emotional Brain'**
- Creates Emotions
 - Alarm Centre
 - Hypervigilant
(vulnerable children)



- 'Survival Brain'**
- Fight/Flight/
Freeze Response



A Child's behaviour is not always what it seems

What we see: Behaviour

What we don't see:

Attachment

Am I safe?

Security

Need for attention

Am I understood?

Self-esteem

Sensory needs

Am I loved?

Do I belong?

Do my thoughts matter?

Need for connection

Emotions





**We can't heal the
world today,
but we can begin
with a
voice of
compassion,
a heart of love,
an act of kindness.**

Compassion

Compassion literally means “to feel with” another person.

It means experiencing something the way they do, alongside them, and desiring to make it better.

Compassion is an opportunity for connection, towards our self in self-compassion, and to connect with another i.e., a child in a challenging moment.

With children, it's in moments when they are acting in ways that are LEAST likely to evoke our sympathy that they need our compassion and connection the most!



**Grow Self
Awareness**



**Grow
Mindset**



**Grow
Resilience**



THRIVE



**Grow Social
Awareness**

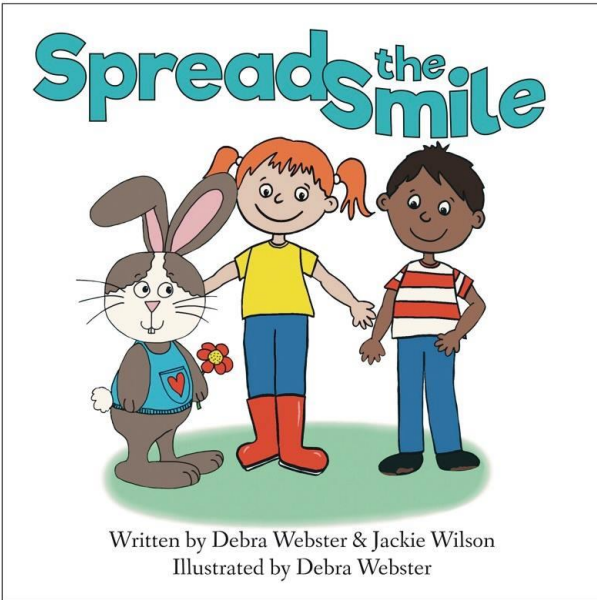
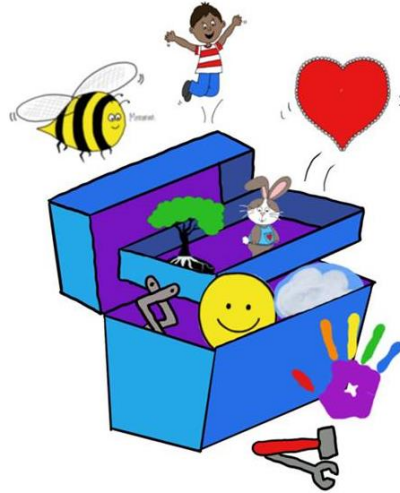


**Grow
Self Worth**

4 C's to an Empowered Child

- **Compassion** – Lead from the heart
(kindness, empathy, love)
- **Connection** – Actively Listen to understand
- **Coach** – Ask NOT Tell, empower them to find solutions,
creating thinkers and problem solvers
- **Collaborate** – Collaborate with young people, empower them
to lead and create positive change within
themselves first, their school and community
with our support and encouragement

Early Years – Self-regulation



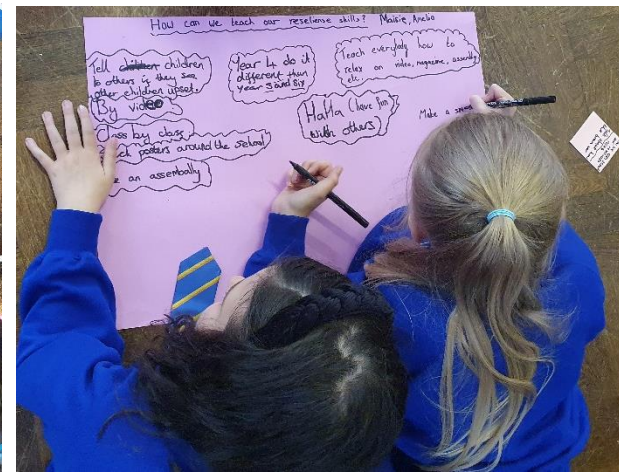
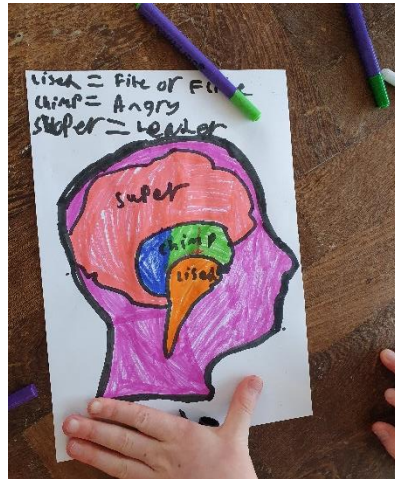
1-1 Intervention Work

Case Study: Kiran Morris



Resilience Leader Programme

Empowering children with knowledge to practise of self awareness, growth mindset, resilience & self belief to support themselves and teach their peers



Our Resilience Leaders



Empower Education
Growing Healthy Thriving Minds





Our Digital World Youth Voice in Action



Helping to turn good ideas into action



Emotional and Social Resilience Training





An empowered child is one that can use their mind to create harmony, happiness and success in their lives, whatever that may mean for them



Thank you for listening
Please get in touch if you would like to
collaborate to raise a thriving generation

www.empowereducation.co.uk

www.emotionstoolkit.com

www.positivelyempoweredkids.co.uk

www.teacherscomefirst.org

Email: jackie@empowereducation.co.uk

LinkedIn: www.linkedin.com/in/jackie-wilson-848408b8

Find me on social media



WORKSHOP

Digital / remote
learning




Supporting
vulnerable children



Joint way forward!



Working groups in the Education Cluster



Digital / remote
learning



Supporting
vulnerable children



Working groups in the Education Cluster

Who?

- **Municipal representatives** and **urban practitioners** present and discuss their challenges and good practices and develop new project ideas

With what aim?

- **Action plan** - further developed initiatives/ project ideas of the participating cities, prototypes/ common approaches, good practices (where available), improved expertise.

With what support?

- Connective Cities will offer a **platform for exchange** and different forms of **assistance and guidance**, e.g., international expertise, support of project ideas or studies



Working groups in the Education Cluster



Meeting 1
understand
the challenge
and create an
action plan



Meeting 3-4
Work on project
ideas +
prototypes



Project ideas
and
prototypes
12/21

Kick-Off
09/21

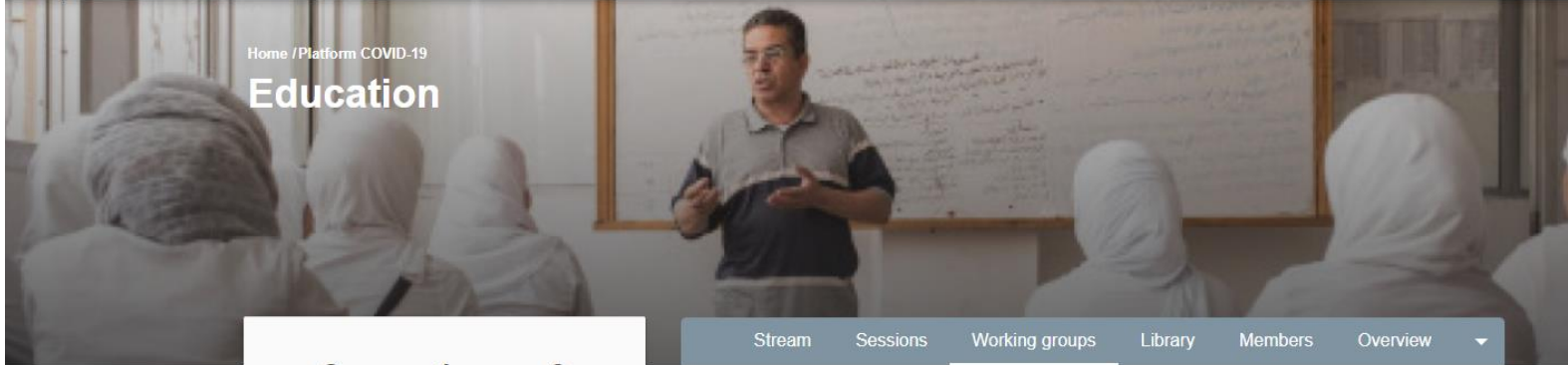


Meeting 2
Peer2Peer
consulting -
Use know-
how and
experiences of
others.



Meeting 5
Inputs for
resource
planning &
financial
advisory





Home / Platform COVID-19

Education

- Stream
- Sessions
- Working groups
- Library
- Members
- Overview ▾

2 members **1** event **0** topics

[Request to join](#)

[See group information](#)

Upcoming events in the group



COVID programme: Education during and after the pandemic – how to prevent a 'lost generation' of students?

14 Sep '21 15:30 - 18:00 (CEST)

You have enrolled

[All Upcoming events](#)

Newest topics in the group

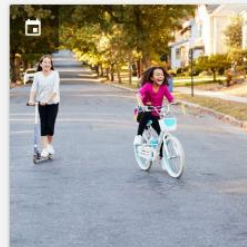


Working Group

🔒 Digitalisation - Equipping schools with the means, tools and skills for digital learning

👤 4 members

[Read more](#)

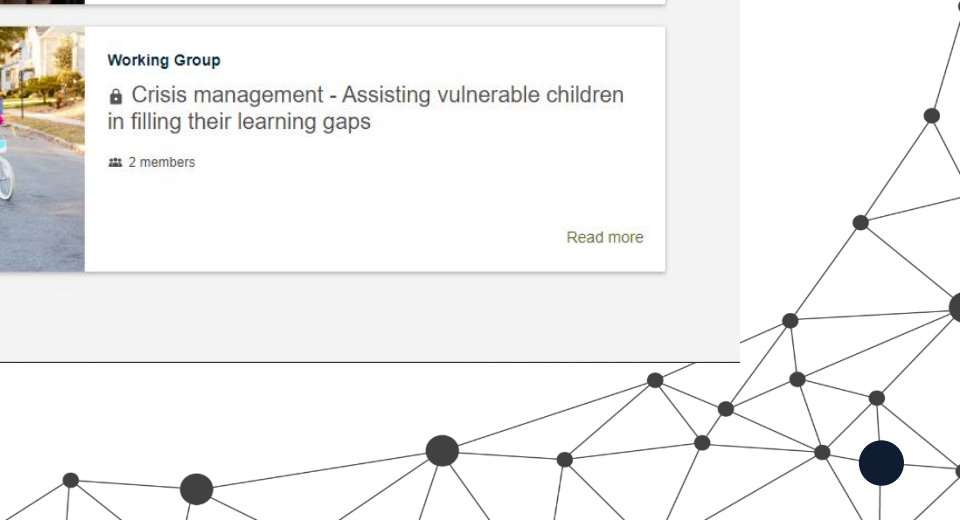


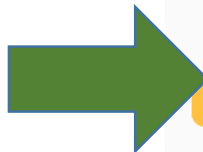
Working Group

🔒 Crisis management - Assisting vulnerable children in filling their learning gaps

👤 2 members

[Read more](#)





Stream Sessions Library Members Overview Manage members

2 members 0 events 0 topics

Request to join

See group information

Upcoming events in the group

No upcoming events in this group


All Upcoming events





Newest topics in the group


No topics in this group

All topics

Newest Members in the group



 Add images  Add Video  Add documents 

 Group members





Thank you very much for your participation!

Get connected on www.connective-cities.net

And on Social Media



.... join our Connective Cities Community:

<https://community.connective-cities.net/en>

Partners of Connective Cities



Commissioned by



Federal Ministry
for Economic Cooperation
and Development

